



Please join us as we walk...

# Out of the Shadows and into the Light

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**WORLD SUICIDE PREVENTION DAY • FRIDAY 10 SEPTEMBER**

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By taking part you will be making a difference to people's lives by raising awareness of suicide prevention. The walk will be at dawn through the beautiful surrounds of Kings Park.

Bring your friends, family and colleagues.

For details visit [www.lifelinewa.org.au](http://www.lifelinewa.org.au)

To make a difference, register your interest at [helpme@lifelinewa.org.au](mailto:helpme@lifelinewa.org.au)

*In support of Lifeline WA's HelpMe Campaign*



If you or someone you know is thinking of suicide, call Lifeline on 13 11 14 • [www.lifelinewa.org.au](http://www.lifelinewa.org.au)